London Ramblers Basketball
960 Bradshaw Crescent
London ON N5X 0B6

Codes of Conduct for All Members of the Club

London Ramblers Basketball expects all members - coaches, athletes, parents, officials, volunteers and spectators to abide by the following codes of conduct. They are designed to enhance and support player development. It is the responsibility of all to ensure that these rules are adhered to create a positive, constructive, and professional environment for the entire basketball community.

Please do not forget that referees, score bench personnel, officials and coaches are volunteers and are trying to do the very best that they can do. It is not acceptable for any person to approach these volunteers in a hostile or aggressive manner ever. If controversy or disagreement occurs at any time, grievances should be directed in writing to the Ramblers Basketball technical directors or club president.

CODE OF CONDUCT FOR PARTICIPANTS

I understand that as part of a team, my teammates and my coaches are affected by my behaviour and attitude. I am prepared to commit myself to my team, work hard at practice, and give my best-efforts during games.

General Principles:

Go For It: Rise to the challenge – always strive for excellence. Be persistent and discover how good you can be.

Keep It Fun: Find the joy in sport and share it with others. Remember what you love about sport and why you play, it's not to just please parents and coaches.

Stay Healthy: Always respect and care for your mind and body. Advocate for the health and safety of yourself and those around you.

Include Everyone: Recognize and celebrate strength in diversity. Invite and welcome others into sport. Treat all people how you would like to be treated.

Give Back: Say thanks and show gratitude. Encourage your sport group to make a difference in the community.

Sportsmanship: Play by the rules, play with integrity – competition is only meaningful when it is fair. Conduct yourself with honor and dignity. Be generous when you win and gracious when you lose.

Respect: Treat all players, coaches, officials, and opponents with respect. Respect the rights of others and avoid verbal abuse, bullying, and derogatory language based on gender, race, religion or impairment.

Teamwork: Work hard for yourself and your team, cooperate with your teammates and coaches, and be a good sport. Encourage your teammates on and off the court. Focus on their efforts and performance, rather than on winning and losing. Without coaches, officials, teammates and opponents, there would be no competition.

Dedication: Be committed to your team, arrive at practices and games on time to the best of your ability, and manage your time as best you can to avoid conflicts with games and practices.

Responsibility: Report any injuries or inappropriate behaviour immediately to your coaches or club executives.

Specific Expectations:

Social media: Do not make negative comments on any social media networking site about or to other players, teams, organizations or referees.

Facilities and equipment: Respect the use of facilitates and equipment provided.

Officials: Understand and play by the rules. Never argue with referees or officials. If you disagree, have your coach approach the referee / official during a break or even after the game, in an appropriate manner.

Control Your Temper: Verbal abuse of officials, coaches, volunteers, or other players or deliberately provoking an opponent is not acceptable by London Ramblers Basketball.

I understand that a breach of this code can lead to my removal from my team.

I have read and understand the Code of Conduct for Players and agree to abide by its provisions. I understand that if I have questions regarding this policy, I will consult my coaches or London Ramblers Basketball.

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CODE OF CONDUCT FOR PARENTS

The following Code of Conduct is designed to enhance and support player development. Families are responsible for adhering to these rules to create a positive, constructive, and professional environment for the entire basketball community.

Support your child:

- Encourage their interest and enjoyment in the sport.
- Provide positive reinforcement, cheer for them and their team.
- Teach them to play by the rules.
- Help them learn from mistakes and accept game results.

Respect others:

- Coaches, referees (parents may not communicate with referees at any time), players, other parents, and coaches from outside the Rambler family.
- Facilities and equipment.

Avoid negative behavior:

- Verbal abuse to anyone.
- Coaching from the sideline.
- Making negative comments about coaches, teammates, etc.
- Disrespectful language or unsportsmanlike conduct.

Financial responsibility:

- Pay team fees on time or to the best of your ability.
- Indemnify London Ramblers Basketball for any fines incurred due to your behavior.

Communicate effectively:

- Communicate attendance issues as soon as possible.
- Address concerns with the coach first, but only after 24 hours following a game.
- Escalate concerns to the Technical Director if necessary.
- Communicate injuries to the coach.
- Follow Rowan's Law protocols and concussion policies.

From time to time, parents may have issues with coaches that need to be addressed. Understand that issues are most effectively managed when they are dealt with during the season, giving individuals a chance to address problems and concerns before the seasons end.

I have read and understand the content, requirements, and expectations of the Code of Conduct for Parents. I understand that if I have questions regarding this policy, I will consult London Ramblers Basketball.

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CODE OF CONDUCT FOR COACHES

London Ramblers Basketball is committed to safeguarding and promoting the well-being of all its members. Coaches in the organization should always show respect and understanding for the safety and welfare of others and conduct themselves in a way that reflects the guidelines in this Code of Conduct.

Background Screening: *All our coaches are required to get a background check***.** Because we hold the safety of all children in the highest regard, all competitive coaches, program convenors, and house league volunteers who are 18 years of age or older must complete police background checks as requested by London Ramblers Basketball. All new coaches are also required to complete an Offence Declaration while awaiting the completion of their first police checks. Once a request is made to a coach to complete a police check, coaches will be given **six weeks** to deliver their police checks to London Ramblers Basketball. Background checks are required to be redone every 3 years.

Ethics Training: *All our coaches are required to take ethics training***.** In our increasingly litigious and accountable society, all those involved in sport have a responsibility to take all reasonable steps required to ensure the safety and well-being of participants. Coaches are in a unique position to control many of the factors that affect the welfare of their players and are responsible for their players' safety and protection while under their supervision. Verbal, physical, emotional, or sexual abuse of any kind is unacceptable and will not be tolerated. For the purposes of this Code, verbal abuse is defined as the malicious use of insulting, threatening, shaming, demeaning, or derogatory language.

Rule of Two: *Rule of Two must always be enforced*. Whether at practices, games, or on away trips, coaches should avoid being alone with players. If you must have a private conversation with a player, do it within the view of others and with another coach or with the player's parent present. Coaches should avoid transporting young players without another adult in the vehicle, or, where players are older, without another player in the vehicle.

Coaches may NOT share hotel accommodations with any player to whom they are not related unless the player's parent has completed and signed a Consent for Player to Travel with Coach form before travel commences.

Physical Contact: Physical contact between a coach and a player, except that which would be considered usual social contact such as giving a "high five," should be rare. Gestures that are intended to be well meaning and that are considered acceptable to some may be unacceptable to others. Coaches should be aware that sometimes physical contact can be misinterpreted as sexual harassment by a player or outsider. Care needs to be taken when coaching children. Coaches are required to ensure that if there is physical contact with a player, it is appropriate to the situation, necessary for the player's skill development, and done in the sight of another adult.

Respect: *EDI training is mandatory for all Rambler coaches/volunteers.* Regardless of their gender, race, cultural background, religion, or other factor irrelevant to the sport, all individuals are entitled to equal treatment and respect and all participants should feel welcome when attending team activities. Coaches should avoid making remarks that could be construed as offensive or discriminatory, keeping in mind that sometimes even a joke may give rise to offence. Even if a person refers to him or herself using a particular label, it should not be taken as an invitation for coaches to do so. Using discretion is imperative, and it is better to err on the side of caution.

Communication with players & families: It is imperative that coaches correspond with players appropriately and in a transparent manner. There should be no private messaging of younger (elementary) players; parents should be copied on all communications in these age groups. In older age groups, coaches should use their team meetings in the fall to work out communication strategies and communicate to parents how this will be done. Coaches should avoid communicating individually with players using social media platforms, including, but not limited to, Facebook, Instagram, Twitter, and Snapchat, regardless of the player's age.

Responsible conversations: - Coaches are not the peers of those they coach and must refrain from having inappropriate conversations with players, such as discussions about other players, coaches, parents, or discussions of an or intimate or sexual nature.

Social media: Coaches must be mindful of the fact that, in the context of basketball, they are representatives of London Ramblers Basketball, and their actions reflect on the organization. To address the increasing abuse of social media messaging, coaches are precluded from using social media platforms, including, but not limited to, Facebook, Instagram, Twitter, and Snapchat to make negative, critical, or disparaging comments about players, opponents, organizations or referees.

Safe Playing Environment: *All coaches must have an emergency action plan***.** Practices should provide a safe, positive, and encouraging atmosphere for all participants. They should be carefully planned, well structured, and varied to provide opportunities for individual and team development. Coaches should check the practice space and ensure the gym is safe to practice in. Because proper supervision is imperative, at least two adults should be present at all practices. This supports the Rule of Two for the safety of athletes and coaches. Ensuring that there are adults of both sexes in the gym is also strongly advised. Finally, before they exit the gym, coaches must ensure that all players have been picked up by a parent or guardian.

Expectations: Coaches must be reasonable in the requests they make of parents and players, such as whether to travel in bad weather. Players who miss practices because of inclement weather or an unwillingness to test road conditions should not be penalized for their absence.

Role Model: As teachers, motivators, and mentors, coaches are placed in the position of role model. Therefore, it is important to ensure that the influence coaches have on players is positive. What you say and how you act is constantly being assessed by your players. Coaches should refrain from using profane, insulting, or offensive language in their capacity as a coach and should be careful about their use of alcohol before coaching, during competitions, or while on away trips.

Injuries/Return to Play: While parents should be contacted as soon as possible where a player is injured or becomes ill, coaches must take responsibility for players who are sick or injured while under their supervision. Where a player is injured on the court, make sure that there is no danger of further aggravation of the injury. Educate yourself so that you can recognize the seriousness of an injury or illness and act accordingly, but do not give medical advice if you are not qualified to do so. Finally, follow the advice of a physician when determining when an injured or ill player is ready to return to play and regarding concussions be sure to follow the Rowans law return to play protocols.

Respect others: Teach and reinforce in your players and parents to respect coaches, referees, players, other clubs and their members and facilities and equipment.

Have fun - Children and young adults play basketball for fun and enjoyment. Coaches often volunteer because of a love the game or wanting to give back to the community. Keep that love growing and enjoy your time in the gym inspiring the next generation!

CODE OF CONDUCT FOR SPECTATORS

As a spectator at Ramblers Basketball games, you play a vital role in creating a positive and enjoyable atmosphere for everyone. To ensure a great experience for all, we ask that you follow code of conduct:

- **Remember, it's about the kids**: Children play sports for fun and development. Please be supportive and remember they are still learning.
- **Cheer positively:** Applaud good plays by both teams and congratulate all players, win or lose.
- **Respect the officials:** Refrain from arguing with or criticizing referees. Let coaches address any concerns through the appropriate channels.
- **Maintain a positive attitude:** Mistakes happen. Never ridicule or yell at a child for making an error.
- **No violence or abuse:** Any form of violence, harassment, or abuse towards players, coaches, officials, or other spectators is strictly prohibited.
- **Respect your opponents:** Treat the opposing team and officials with courtesy and respect.
- **Follow the rules:** Encourage players to obey the rules and the decisions made by the officials.
- **Be a good role model:** Avoid using foul language, and always demonstrate good sportsmanship.

- **Embrace diversity:** Treat everyone with respect, regardless of gender, race, or ability. Discriminatory language is not tolerated.
- **Take care of the facilities:** Please show respect for the equipment and facilities used for the game.

Thank you for helping us create a fun, safe, and respectful environment for all who participate in and enjoy Ramblers Basketball!